



# H A B I T U D E S<sup>®</sup>

IMAGES THAT FORM LEADERSHIP HABITS & ATTITUDES







5:00



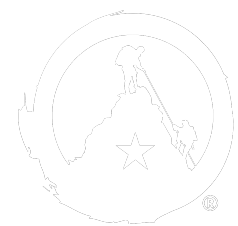






# **GROWING LEADERS**

*Ready for Real Life*





***“You’ve got to read  
them, before you lead  
them”***

***- Dr. Tim Elmore***



# *Proven Leadership*

**P** roblems

**R** elationships

**O** wnership

**V** isuals

**E** xperiences





# *Problems*





# *Problems*

***Students tend to learn on a  
'Need to know' basis...***



# *Relationships*





# *Relationships*

***They won't care how much you know***

***Until they know how much you care***



# *Ownership*





*Ownership*

***Students support what  
they help create***



# Visuals





# *Visuals*

***A point for the head***

***A picture for the heart***

***A practice for the hands***



# *Experiences*





## *Experiences*

***Students aren't looking for a sage on the stage (lecture)***

***They need a guide on the side (experience)***



# *What Makes Habitudes the*





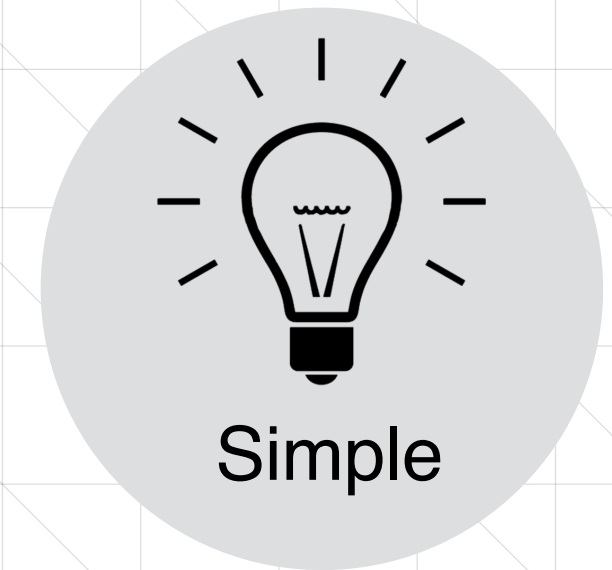
# Leveraging the Power of Images and Stories





# WHY ARE HABITUDES EFFECTIVE?

*Habitudes*® enables you to teach students in a **simple** fashion and in **brief** period of time.



*Habitudes*® sparks **conversation** that goes as deep as the **maturity** of your students.

*Habitudes*® uses images as the **anchor** for the lesson, ensuring that the concepts **stick**.



*Habitudes*® furnishes you with a **shared language** to foster a **culture of authenticity**.

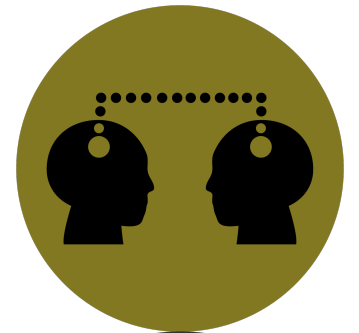




# *Ingredients for Teaching a Habitude*



**Engage** - Create an experience to illustrate the problem



**Connect** - Build a bridge between the experience and a common problem



**Habitude** - Share the image and principle through a story



**Converse** - Spark conversation (They, We, Me)



**Personalize** - Help students personally identify with an application



**Challenge** - Give them a specific challenge to develop the life skill





# Habitudes Roadmap

## ENGAGE



Begin your lesson with a movie clip or activity to get your students thinking about the problem this lesson will help them tackle.

## CONNECT



Use the questions provided to facilitate a conversation to build a bridge between the clip or activity, and the Habitude Image.

## HABITUDE



By this midpoint of the lesson you are ready to show the image and teach them the summary. Use the student video to support the students' learning

## CONVERSE



For the rest of the lesson, we lean into student voice. Start by facilitating a conversation with the larger group, using the questions provided as a guide.

## PERSONALIZE



Use the self assessment and questions to help the student see a personal application of this lesson. This is a great point for the adult facilitator to share a personal application as well..

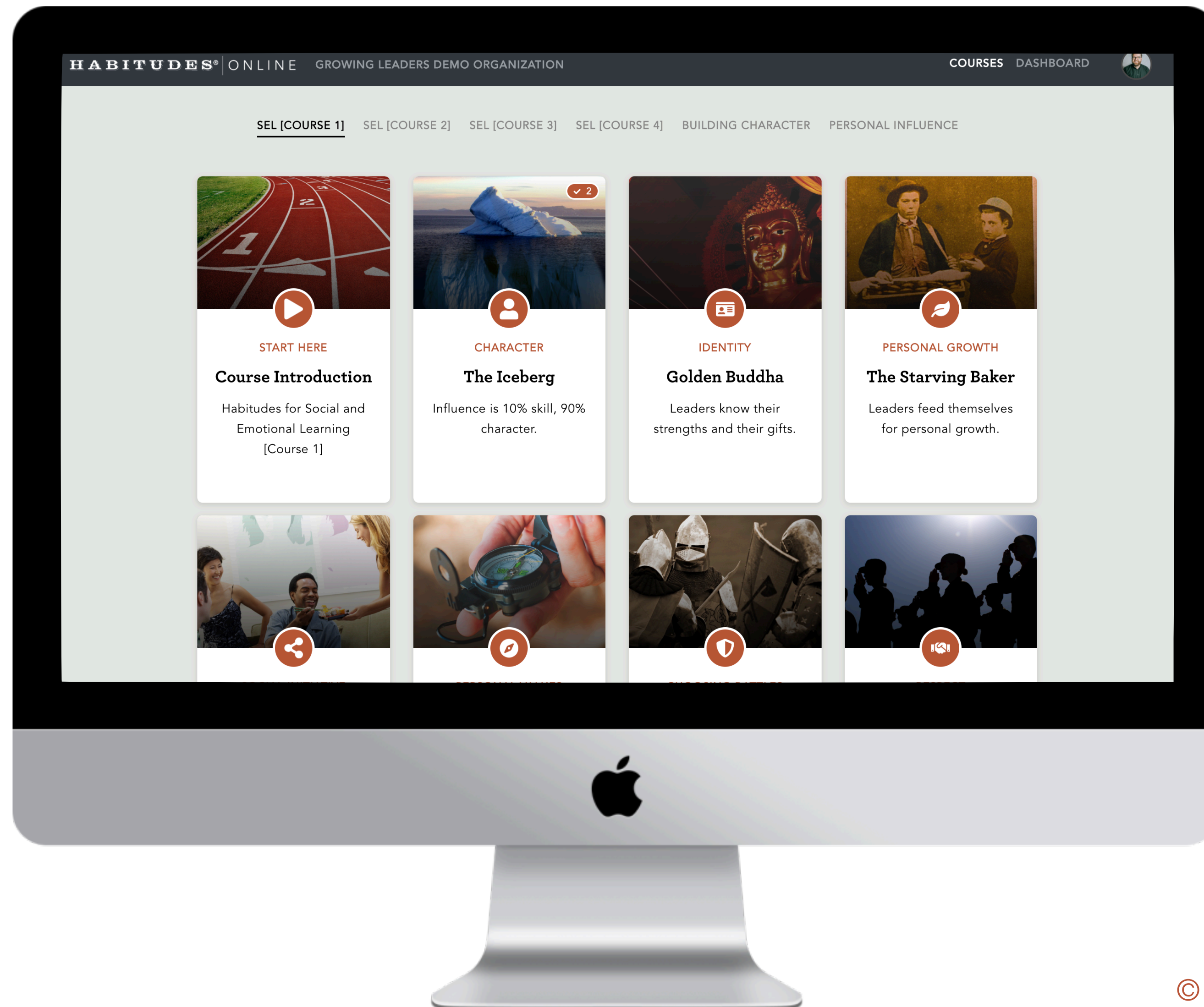
## CHALLENGE



The final step of the lesson is to give the students a challenge to take with them. A "practice for their hands". Use this step to cast a vision for improvement in their lives and community.



# HabitudesOnline





# *Ready for a lesson in just one*

## *WORD*

**W**atch the Student Video

**O**pen the Quick Start Guide

**R**eview the Presentation Deck

**D**ownload the Student Worksheet



# *Practical Tips & Best Practices*

1. Aim for half the lesson time being student-voice.
2. Avoid lecture.
3. Approach Habitudes lessons with an attitude that encourages students to participate and engage. If you have fun, they will too.
4. Make the lessons a priority.
5. Use real-life examples to translate the principle behind the image in a way that students will understand.





# *Practical Tips & Best Practices*

6. Follow up on each lesson during normal instructional time.
7. Consider inviting administrators or other building personnel to participate in the lesson.
8. Gain continual buy-in from the parents/guardians by keeping them updated on the program.





# *Going Deeper*

*Taking Habitudes to the Next Level of Engagement*







# *Know Your Learners*

Movie Clip or Activity?

Using the Facilitator Guide, determine whether a movie clip or activity is best for your group. You may choose any movie clip or activity you like. Several are provided to you, however, if you would like to devise your own way to engage the students, we encourage this!





# *Build Bridges, Not Walls*

12 Practical Tips to Get the Conversation Flowing

1. Overtly create a safe space to speak.
2. Start with general, less vulnerable questions.
3. Be the first one to share and do so authentically.
4. Let the awkward silence linger for a while.
5. Validate EVERYONE that speaks up. Don't Gaslight.
6. Ask follow-up questions like “who else?”, “what else”, or “anyone else have that experience?”







# ***Build Bridges, Not Walls***

12 Practical Tips to Get the Conversation Flowing

7. Use small groups, turn and talk, or journaling.
8. Clarify and/or restate the question.
9. Don't judge, catastrophize, or over-empathize.
10. React little. Turn off the parent alarm.
11. Offer constructive feedback.
12. Cold-call on students once trust is established.





# Windows and Mirrors





# SUMMARY

Communicators must use windows and mirrors when they speak. When a communicator provides a window for people to see into their life, listeners receive a mirror to see their own. Speakers must identify with the people. When they do, their window puts a mirror in the hands of the listener.



***Thank You!***