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HOMES & APARTMENTS






[OWNERSHIP]

Do you know the difference between homes and apartments? Homes are something you own, and apartments are something you rent. Usually, we change our care of the places we live based on whether or not we own them. This is also true in life. People who treat their life like a home are more intentional and more responsible with their time. Don't rent your circumstances, own them.

FAMILY ACTIVITY

Spring Cleaning

Get with your family to make a plan to spring clean as a way of taking "ownership" of the place in which you live. After your special cleaning, decide on daily cleaning activities that need to take place to maintain ownership each day. Consider things like making your bed, wiping down surfaces, clearing the sink of dishes or watering plants. Be sure to let your kids come up with some ideas during this process.

 BATHROOMS	 BEDROOMS	 LIVING SPACES	 KITCHEN	 MISC
Clear your counter	Tame your closets	Clean carpets/rugs	Organize fridge	Toss unneeded documents
Tidy the medicine cabinet	Wash bedding	Wash pillow covers	Sanitize microwave & appliances	Organize books & filing cabinet
Scrub tile, shower & toilet	Organize small items	Polish tables	Clean oven	Clean vents & wall decor
Organize drawers	Vacuum/Sweep	Sanitize electronics	Tidy pantry	Polish all surfaces
	Clean windows	Dust lamps	Scrub sinks	

Click [here](#) for additional ideas for creative ways to stay busy

DISCUSSION QUESTIONS

1. What decisions in your life can you own now that you may not have been ready for before?
2. Name something that flourished in your life because you "owned" the project. Why were you successful?
3. How could you improve as the "owner" of your life during this time?

TAKING OWNERSHIP

Taking ownership of your circumstances is not always a given. Even leaders of companies, who are officially the ones in charge, often don't take responsibility for everything under their care.

Thankfully, this was not the case for leaders of certain companies during the COVID-19 pandemic. It all began on March 13 when Delta Air Lines CEO Ed Bastian sent out a [memo](#) to all Delta employees letting them know about precautions the company would be taking in response to the upheaval. One of the steps he was taking was to lower his large salary to \$0 for 6 months so that he could ensure that his company did not have to lay off workers. What a great example of a leader taking ownership! It was such a significant move that now as many as seven other CEOs have [followed in Bastian's footsteps](#). Can you see the significance of taking ownership? What could taking ownership of your circumstances look like for you?



Hungry, Hungry, Hippos?

One nursing home found a fun way to keep themselves entertained: [a real life game of hungry, hungry hippos](#). Come up with a fun activity that takes place in your home and share for the world to see with the hashtag **#HabitudesHomeChats** for a chance to be featured on the **Growing Leaders Instagram** [@growingleaders](#)